



THE ROWANS SCHOOL

Founded 1936



EARLY MORNING and AFTER SCHOOL CLUBS

Spring Term 2026



Early Morning Clubs start promptly at 8am After School Clubs finish at 4.15pm

Spring Term Clubs will commence on **Tuesday 6th January 2026** and finish on **Thursday 26th March 2026**

THE ONLINE BOOKING SYSTEM WILL OPEN ON MONDAY 3rd NOVEMBER AT 1.30PM AND CLOSE ON FRIDAY 7th NOVEMBER AT 4PM.

PLEASE NOTE THAT ANY CHANGES OR CANCELLATIONS TO CLUB BOOKINGS AFTER WEDNESDAY 10th DECEMBER WILL INCUR A CHARGE FOR THE FULL TERM'S FEE.

Please note that all clubs need a minimum number of 6 children attending to make them viable and are limited to a maximum number of children. Once the clubs are full you will be placed on a waiting list. Parents will be informed as soon as possible if a club is not able to go ahead.

If your child wishes to attend Early Morning or After School Clubs run by The Rowans' staff for the Spring Term 2026, please book online via the **SchoolBase** portal:

<https://schoolbase.online/Logon?DName=Rowans>

Bookings for **AM Sports Academy** clubs (**AMSA**) (Chess, Archery, Gymnastics, Football, Basketball/Netball, and Dodgeball) are **made directly** with them via their website: www.amsportsacademy.co.uk/Clubs. If you have any questions, please email them directly at: info@amsportsacademy.co.uk

Bookings for **Sean McInnes Early Morning Clubs** (Football, Multi Sports) are to be **made directly** through their website: <https://seanmcinnesssportscoaching.coordinate.cloud/project/71479> If you have any questions please email them directly at: office@seanmcinnesssportscoaching.com

AFTER-SCHOOL CARE

Orchard Childcare will be providing after-school care at The Rowans for the Autumn Term. This provision will run from 3.15-6pm Monday to Friday, at a cost of £16 per session, and is available for children from Kindergarten to Year Two. The provision is conditional on sufficient numbers to ensure it is viable. There is the option to book regular sessions (same days each week) or ad hoc sessions (as and when needed, subject to availability as there is a maximum capacity).

Please note, your child may attend any of the After-School Clubs detailed in this brochure from 3.15-4.15pm and then join Orchard Childcare at 4.15pm, so that they can benefit from the full range of opportunities and experiences. **To book a place at their after-school care, please click [here](#)**

PIANO & VIOLIN LESSONS (FOR CHILDREN IN RECEPTION, YEARS 1 & 2)

Piano and Violin lessons are available during the week on a rotational basis, so that your child will not miss the same school lesson each week and are charged at approximately £26 per lesson. Piano lessons are taught by Mrs Lahdeaho (a visiting music teacher) and Violin lessons are taught by Ms Dagmara (a visiting music teacher) Please note that these music lessons are offered for a full academic year, and consequently **a term's notice is required should you wish to withdraw your child.**

Children need to have a piano at home on which to practise, and bring in their own violin, their own music books and be prepared to practise at home during the week!

Bookings for violin are made via email to **Ms Dagmara** at daga.matusiak@gmail.com

Bookings for piano are made via email to **Mrs Lahdeaho** at pianistas@pianistas.co.uk Please note that **lessons are currently fully booked** but if you would like your child to join the waiting list, please contact office@rowans.org.uk

Music helps children to develop many skills including memory and concentration and this is a wonderful opportunity for the children to extend their learning into the creative arts. We offer various performances for the children throughout the year, including playing in assembly, class concerts and in the music concert. We hope your child is keen to take up this opportunity to learn, or continue, a new skill.

DESCRIPTION OF CLUBS



EARLY MORNING CLUBS

<p>Sean McInnes Early Morning Football Club</p> <p>Monday</p> <p>Reception, Years 1 & 2</p>	<p>Sean McInnes Sports Coaching is an independent sports coaching company, with years of experience, dedicated to offering a wide range of multi sports sessions that are suitably challenging and enjoyable to participants. In our Football Club, we work on our shooting and our dribbling, teaching children to use the correct technique from a young age. Every week, we introduce a new trick, which helps develop new combinations and skills. We finish with matches to further develop their skills.</p>
<p>Sean McInnes Early Morning Hockey Club</p> <p>Tuesday</p> <p>Reception, Years 1 & 2</p>	<p>Sean McInnes Sports Coaching is an independent sports coaching company, with years of experience, dedicated to offering a wide range of multi sports sessions that are suitably challenging and enjoyable to participants. Hockey club will give children the opportunity to understand the basics of the Sport such as dribbling in different ways, passing the ball and shooting at goal. We will achieve this by improving the children's co-ordination, balance and agility while improving their fine motor skills with the hockey stick. Smaller individual activities and game play will ensure that they understand the simple rules and ways to play the game effectively.</p>
<p>Sean McInnes Early Morning Multi Sports</p> <p>Wednesday</p> <p>Reception, Years 1 & 2</p>	<p>Sean McInnes Sports Coaching is an independent sports coaching company, with years of experience, dedicated to offering a wide range of multi sports sessions that are suitably challenging and enjoyable to participants. In this Multi-Skills Club pupils will learn to develop their hand eye co-ordination, balance, agility, whilst also developing their confidence and social skills at the same time as experiencing a range of different sports and activities.</p>
<p>Philosophy Club</p> <p>Wednesday</p> <p>Years 1 & 2</p>	<p>Philosophy Club for young children aims to help children develop a range of basic skills, such as listening, turn-taking, critical thinking and expressing their own thoughts and ideas, using logical and sequential language. In addition, it helps build confidence and self-esteem, instils an innate respect for the views and ideas of others and encourages a zest for learning through independent investigation. During this Club, we will explore 'big questions', play games and develop skills of conversation which will help the children improve their communication with others.</p>
<p>Choir</p> <p>Friday</p> <p>Years 1 & 2</p>	<p>Choir explores different styles and songs, often singing in two parts – rounds and partner songs. Some of the songs are simple, others more sophisticated, and this aims to meet the age range across two-year groups. Children are awarded certificates during the final term of the year, depending on how many terms they have sung with the choir. This is to encourage loyalty and to build an experienced choir. The choir sings at the Christmas and Summer Fairs and at School Concerts.</p>

AFTER SCHOOL CLUBS

<p>AMSA Chess Club</p> <p>Monday</p> <p>Reception, Years 1 & 2</p>	<p>Our Chess Club is made up of a small group of children of all different abilities. We introduce one by one the gambits of chess, which are made up of Pawns, Castles, Horses, Bishops, Queens and Kings. The children are taught how each gambit can move on the Chess Board and are challenged to play against their peers in friendly competitive matches.</p>
<p>Music Workshop</p> <p>Monday</p> <p>Years 1 & 2</p>	<p>This Club will provide an opportunity for children to enjoy the experience of making music together. We will use a variety of percussion instruments and have lots of fun! This Club is especially suited for children who do not yet formally learn an instrument and would like to learn something new, but all are welcome. There will also be performance opportunities to showcase what we have learnt.</p>
<p>Homework Club</p> <p>Monday</p> <p>Years 1 & 2</p>	<p>Homework Club provides your child with the opportunity to work in a focused and quiet environment with some adult guidance. We start by practising spellings and then move on to the work in their books. If the children finish their homework they have time to complete their reading too, and will record this in their reading record. Please note that children will still need to carry out any unfinished reading, times-tables and spellings at home and this is not a 1:1 tuition session.</p>
<p>Art Club</p> <p>Monday</p> <p>Reception, Years 1 & 2</p>	<p>In Art Club children will learn a variety of skills and techniques. We will be using a range of materials as we work on different projects and we aim to develop self-confidence and promote creativity. Most importantly, we will have fun and use our imagination!</p>
<p>AMSA Archery Club</p> <p>Tuesday</p> <p>Reception, Years 1 & 2</p>	<p>Archery is a fun sport, which requires concentration, skill and creativity. Children will learn the technique of shooting in a wide range of fun, well-structured individual and team games. Safety, use of equipment and key Archery vocabulary will also be developed. Archery also challenges children's Mathematics skills as they need to add, subtract and manage numbers to work out scoring.</p>
<p>Gardening Club</p> <p>Tuesday and Thursday</p> <p>Reception, Years 1 & 2</p>	<p>Having already achieved the Level 4 School Gardening Award from the Royal Horticulture Society, the gardeners of Gardening Club are busily, weeding, sowing and planting their way towards Level 5. In addition, these green-fingered recruits are learning how to share their exciting projects with others in school and with our local community.</p>

<p>Construction Club</p> <p>Tuesday</p> <p>Reception, Years 1 & 2</p>	<p>Construction Club offers the children the opportunity to interact and communicate with others, as they explore Lego and other construction toys. They will be encouraged to complete design challenges, as well as plan, make and review their own models. This allows them the opportunity to try out their own ideas and make improvements as they go along. This club will develop their fine motor skills, visual perception and cognitive skills. The fun weekly challenges and opportunities for free-play will provide a sense of accomplishment in completing projects and the children can feel proud as they share their ideas and finished projects with their friends.</p>
<p>AMSA Gymnastics Club</p> <p>Wednesday</p> <p>Reception, Years 1 & 2</p>	<p>Gymnastics is a sport that requires great flexibility, balance and control. It also provides a unique and valuable social education and experience. It creates an environment where teamwork, sportsmanship, fair play and dedication are required in order to master the fundamental skills to be a successful gymnast. AM Sports Academy gymnastics classes aim to develop balance, co-ordination, gross and fine motor skills, spatial awareness and body control. Our gymnastic classes include areas such as tumbling, vault work, balance beam, and dance.</p>
<p>AMSA Football Club</p> <p>Wednesday</p> <p>Reception, Years 1 & 2</p>	<p>AM Sports Academy's Football Club aims to improve participants technically by working on control, passing, movement, turning, shooting, attacking, defending and creating space. These are the key attributes which are worked on over a fun and exciting syllabus. The sessions are inclusive for all abilities and we have a real focus on participation and enjoyment. Each session starts with a fun warm up before moving into skills work, which follows the AM Sports Academy syllabus to aid progression, and finishes with small sided matches to give children the opportunity to put their newly learned skills into match situations. There are prizes available every week for the 'Player of the Week'.</p>
<p>AMSA Dodgeball</p> <p>Thursday</p> <p>Reception, Years 1 & 2</p>	<p>Welcome to AM Sports Academy's Dodgeball Club. There will be key skills learned such as the 5 d's which the legend Patches O'Houlihan made, which are dodge, duck, dip, dive and dodge. The session's will be loads of fun with exciting warm up games, leading into skill's work and followed off by small sided games. There will be tournaments also which will give children the chance to show off their newly learned skills.</p>
<p>Science Club</p> <p>Thursday</p> <p>Reception, Years 1 & 2</p>	<p>Calling all budding Scientists! Science Club is a chance to have fun, explore new concepts, make predictions and develop the children's scientific vocabulary. They will carry out a variety of hands-on investigations, with many practical experiments planned for the term, all aimed at encouraging enquiring minds and nurturing their interests.</p>