WEEKLY MENU 9th – 13th November

SHREWSBURY HOUSE SCHOOL
FOUNDED 1865

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup Tomato and basil soup with freshly baked bread **DISH OF THE DAY** Cottage pie topped with creamy mash potato **VEGETARIAN DISH** Vegetable pie topped with creamy mash potato **SIDES** Steamed sweetcorn Steamed peas **KEEPING IT SIMPLE BAR** Pasta with tomato sauce Jacket/sweet potato **Dessert** Cinnamon and raisin biscuit Fresh fruit, jelly and yoghurts	**Soup** Leek and potato soup with freshly baked bread **DISH OF THE DAY** Chicken shawarma with cous cous and pitta bread **(HOA)** **VEGETARIAN DISH** Eat curious shawarma with cous cous and pitta bread **SIDES** Cous cous Roasted Mediterranean vegetables Green beans **KEEPING IT SIMPLE BAR** Pasta with tomato sauce Jacket/sweet potato **Dessert** Jam sponge Fresh fruit, jelly and yoghurts	**Soup** Roasted pepper soup with freshly baked bread **DISH OF THE DAY** Honey glazed gammon with roast potatoes and gravy **(HOA)** **VEGETARIAN DISH** Mixed vegetable wellington with roast potatoes and gravy **SIDES** Spiced wedges Roasted carrots Roasted corn rings **KEEPING IT SIMPLE BAR** Pasta with tomato sauce Jacket/sweet potato **Dessert** Cheesecake pots Fresh fruit, jelly and yoghurts	**Soup** Sweet potato and coconut milk soup with freshly baked bread **DISH OF THE DAY** Butter chicken with rice and naan breads (HOA) **VEGETARIAN DISH** Paneer in butter sauce with rice and naan breads **SIDES** Pilau rice Naan bread Roast squash Steamed broccoli **KEEPING IT SIMPLE BAR** Pasta with tomato sauce Jacket/sweet potato **Dessert** Vanilla cake Fresh fruit, jelly and yoghurts	**Soup** Mixed vegetable soup with freshly baked bread **DISH OF THE DAY** Pepperoni pizza and French fries **VEGETARIAN DISH** Margarita pizza and French fries **SIDES** French fries Baked beans Garden peas **KEEPING IT SIMPLE BAR** Pasta with tomato sauce Jacket/sweet potato **Dessert** Fresh fruit salad Fresh fruit, jelly and yoghurts **Snack – waffles**

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.